

# For ALL children and young people in Somerset with a disability or additional needs

You DO NOT have to be referred to any service to access these activities, unless otherwise stated

This online booklet provides information about inclusive clubs and groups that are running across Somerset

For all enquiries, please email: CIATeam@somerset.gov.uk

#### Somerset Local Offer

Somerset's SEND Local Offer is a hub of information and guidance for children and young people with special educational needs and/or disabilities, their families, and professionals. Explore services available to support you and how to access them. This includes a calendar which lists events and activities available in your area.

**Find out more at** www.somerset.gov.uk/Local-offer and www.facebook.com/LocalOfferSomerset

#### Key for activities:



Family Activity - for all members of the family to attend and enjoy



Child/Young person can attend on their own under group supervision or with parent/carer if additional 1:1 support is required - please call the organisation to have a chat



Child/young person must attend with a parent or carer



Staff provided by the organisation to support the child/young person 1:1 if required - please call the organisation to see what they can provide as this may not include personal care



Some parts of the activity are wheelchair accessible please call the organisation to find out more



Accessible changing facilities are available please call the venue to find out more. WC Only.



Activities aimed at young people/teenagers/young adults

# Nova Sports & Coaching: SuperNova Sports Club

# **Every Thursday**

During term time starting in September 2023

A multi-sports club for young people with additional needs and their siblings. The club runs two sessions split by age: 7-11yrs and 12-16yrs.

Each week the participants get to play different sports and engage in various activities. In the past these activities have included roller skating, archery, circus skills, football, wheelchair basketball and more!



Frome Youth Centre, Vallis Road, Frome, BA11 3EF









16:15-17:10 or 17:15-18:15pm

7-11yrs & 12-16yrs

£ £200 annual membership fee per person

**T** Jenny Rutter 07880 743453

# Nova Sports and Coaching: Frome Otters Hydro Club

# **Every Tuesday**

## During term time

Frome Otter Hydro Club offers warm-water hydrotherapy swim sessions to young people with additional needs. The club provides specialist tuition and family access to the pool.



Harrys Hydro, Critchill School, Nunney Road, Frome, BA11 4LB



- Yes
- (3) Yes
- Yes
- 16:00-18.15
- 3-18 year olds
- £8 per session paid termly
- **Table 1** Jenny Rutter 07880 743453
- ≥ jenny@novasportsandcoaching.co.uk

# Nova Sports and Coaching Inclusive Yeovil Football Club

# **Every Thursday**

#### During term time

Fun football sessions for young people with additional needs. Join in with skills, drills and fun matches, with specialist coaches.



Yeovil Recreation Ground, Chilton Grove, Yeovil, BA21 4AW

- Yes
- ( Yes
- Yes
- **(** 16:30-17:30
- 8-16 year olds
- £3 per session, paid termly
- **Table 1** Jenny Rutter 07880 743453
- ≥ jenny@novasportsandcoaching.co.uk

# **Community Inclusion & Activity Team Polden Bower Family Drop In Club**

## **Monthly Saturday Club**

9 Sept, 7 Oct, 11 Nov, 9 Dec, 6 Jan, 3 Feb, 2 March, 20 April, 11 May, 8 June

Saturday drop in family club where children can have fun and make new friends. Activities include arts & crafts, outside play area, indoor games, sensory activities and Lego. Booking is not required.

Parents/Carers must supervise their children.



Polden Bower School, Bower Lane, Bridgwater, TA6 4GU

- Yes
- 🚱 Yes
- Yes
- **O** 10:00-13:00
- 0-18th Birthday
- £3 per child Max charge £6 per family cash only
- **Toyce Evans** 07584 175247 **Billie Porter** 07976 697344
- CIATeam@somerset.gov.uk



# **Community Inclusion & Activity Team Mendip Family Drop In Club**

# **Monthly Saturday Club**

16 Sept, 14 Oct, 18 Nov, 9 Dec, 13 Jan, 10 Feb, 9 March, 27 April, 18 May, 15 June

Saturday drop in family club where children can have fun and make new friends. Activities include arts & crafts, outside play area, indoor games, sensory activities and Lego. Booking is not required.

Parents/Carers must supervise their children.



The Mendip School, Edmund Rack Road, Prestleigh, Shepton Mallet, Somerset, BA4 4FZ

- Yes
- Yes
- Yes
- **(**10:00-13:00
- © 0-18th Birthday
- £ £3 per child Max charge £6 per family cash only
- CIATeam@somerset.gov.uk Ruth Stainton 07973 685592



# Community Inclusion & Activity Team and The Hub Family Drop in Club



7 Sept, 5 Oct, 9 Nov, 7 Dec, 4 Jan, 8 Feb, 7 March, 18 April, 9 May, 6 June, 4 July

Drop in family club where children can have fun, make new friends and enjoy the soft play - please wear socks!

Café is available. Booking is not required.



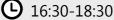
The Hub Soft Play Centre, Hopcott Road, Minehead, TA24 6DJ













£ £2.50 per child, siblings £1, under 1s go free

**T** Joyce Evans 07584 175247

CIATeam@somerset.gov.uk

# **Community Inclusion & Activity Team Teen Club West**

# **Monthly Club**

Booking opens at 9am on the date in brackets.

A chance for teenagers to develop life skills, build friendships and have fun! A different activity each month, including bowling, pizza, virtual reality sessions and more.

- 6 September (Booking opens 14 Aug)
- 4 October (Booking opens 7 Sept)
- 8 November (Booking opens 5 Oct)
- 6 December (Booking opens 9 Nov)
- 3 January (Booking opens 7 Dec)
- 7 February (Booking opens 4 Jan)
- 6 March (Booking opens 8 Feb)
- 17 April (Booking opens 7 Mar)
- 8 May (Booking opens 18 Apr)
- 5 June (Booking opens 9 May)
- 3 July (Booking opens 6 Jun)



Various locations:
Please contact the
CIA Team for more
information

- Depends on location
- Depends on location
- **L** 18:00-20:00
- 13-18th Birthday
- Young person pays for the activity
- CIATeam@somerset.gov.uk





# **Community Inclusion & Activity Team Teen Club East**

# **Monthly Club**

Booking opens at 9am in the date in brackets.

A chance for teenagers to develop life skills, build friendships and have fun! A different activity each month, including bowling, pizza, virtual reality sessions and more.

- 19 September (Booking opens 14 Aug)
- 17 October (Booking opens 20 Sept)
- 21 November (Booking opens 18 Oct)
- 12 December (Booking opens 22 Nov)
- 16 January (Booking opens 13 Dec)
- 20 February (Booking opens 17 Jan)
- 19 March (Booking opens 21 Feb)
- 16 April (Booking opens 20 Mar)
- 21 May (Booking opens 17 Apr)
- 18 June (Booking opens 22 May)
- 16 July (Booking opens 18 Jun)



Various locations:
Please contact the
CIA Team for more
information

- Depends on location
- Depends on location
- **L** 18:00-20:00
- 13-18th Birthday
- **(£)** Young person pays for the activity
- CIATeam@somerset.gov.uk



# **Green Goblins Games** Club

# **Every Friday**

Tabletop games, including Pokemon & Yu-Gi-Oh Trading Card Games, Board Games and D&D Roleplay Games.

Parents/Carers not actively participating its free.



Riverside Church, The Exchange, Hamilton Road, Taunton TA1 2EQ

- ( Yes
- (3) Yes
- Young people need to attend with a parent/carer if 1-1 support is required.
- Yes
- 18:00-22:30 weekly
- 10+ (under 10's may attend with a parent/ quardian supervision)
- £3 entry. First time free.
- **™** Michael Ford 07733 066157
- michael.ford@outlook.com



## **Auesome Chard**

# Monthly

23 Sept, 21 Oct, 18 Nov, 16 Dec

Themed activities, including messy play, cooking, Easter egg hunt, card making, Christmas crafts, soft play, games and more. There is a designated quiet place.

2024 dates to be confirmed (updates available on our Facebook page )



The Chard Young People's Centre Essex Close, Chard, TA20 1RH

- Yes
- (3) Yes
- Yes
- 10:00-12:00
- **0**-16yrs
- £1 per family
- **Gary Molloy** 07871 985311
- garymolloy@live.co.uk

#### **ADHD Somerset**

# Monthly

1-2 activities a month in the Yeovil and Taunton area

A different activity each month, including kayaking, Ham Hill ranger session, bowling, science, cooking, crafts and pumpkin carving, Christmas party, rock steady music, bat walk, parkour, virtual reality and lightsabres.



Yeovil and Taunton Area



- Depends on venue
- 🚱 Depends on venue
- Activities are for children, but parents/carers are required to attend.
- Activities will run for 2 hours. Timings will vary.
- 4-18th Birthday
- **£** Varies between £3 and £12 per child.
- adhdyeovil@gmail.com
- ADHDYeovil
- adhdyeovil@gmail.com



1 activity per half term

Various activities for families, countywide, including bowling, ranger outdoor session, soft play, swimming, forest session, family cooking and outdoor activities.



Yeovil, Frome, Taunton, Cheddar, Ilminster, Minehead area.

- Depends on venue
- Depends on venue
- YES
- Depends on activity. Please enquire
- 4-18th Birthday
- £ £4-£8 depending on activity
- **Natalie Bobbett** 01458 259384
- admin@somersetparentcarerforum.org.uk

# Frome Falcons Powerchair Football Club

# **Every fortnight**

Saturdays during term time. Matches are held on weekends

Powerchair football involves players using a joystick to manoeuvre an electric sports wheelchair with big bumpers attached to the front. They play 4 v 4 on a pitch the size of a basketball court, with a ball that is double the size of a regular football. They pass, shoot and score goals just like mainstream football!

Training is split into 3 groups to cater for all abilities.



Frome Sport and Fitness Princess Anne Rd, Frome BA11 2SA



- (E) YES
- (E) YES
- YES
- **(**) 9:30-11:00, 11:15-12:15, 12.30-13:15
- **5** 5yrs +
- (£) Membership is £120 per season (approx £5 per session). Discount for siblings.
- **T** Jenny Rutter 07880 743453
- jenny@novasportsandcoaching.co.uk



## Weekly

#### During term time

Super 1s Cricket improves the physical and mental wellbeing of young people with disabilities, giving them a sense of belonging as they make friends and gain skills for life such as confidence and independence.



#### Various locations:

- Robert Blake Sports Centre, Bridgwater TA6 6AW
- Hayesfield Girls School, Bath BA2 BLA
- Haygrove Leisure Centre, Bristol BS14 0DE
- Bridgwater & Taunton College, Taunton TA1 5AX
- Weston College, Loxton Campus BS23 4QU
- Westfield Academy Sports Centre BA21 3EP
- Millfield School, Street BA16 0YD





- Young people need to attend with a parent/carer if 1-1 support is required.
- U Various Times see website
- (R) 12-25 year olds
- Free
- **Steve Gass** 01823 352266
- Steve.gass@somersetcricketfoundation.org
- somersetcricketfoundation.org/disability/ super-1s/

# Other Clubs vailable in Somerset

# Ocean Adventurers Cheddar

## **Friday**

Third Friday of every month

Ocean Adventurers offers a depth of play and discovery which children will love diving into and exploring! With different environments that cater for all ages.

We also have a mini village with vets, doctors, cafe, supermarket, salon, nursery, building site and puppet theatre! Along with a trailblazer climbing wall and a combat duo wall to test your reactions against friends.



Ocean Adventurers Unit 11, Cheddar Business Park, Cheddar, BS27 3EB









- (check website for any changes)
- All age categories
- £ £8.95 per child (includes 2 x parents/carers)
- **1** 01935 384157
- ≥ hello@oceandventurers.co.uk
- oceanadventurers.com/



#### Various Dates

The Chill & Chat Groups are open to all parent carers with children 0 to 25yrs. The groups are a place to make new friends and share experiences and ask any questions they may have. The Groups are free to attend and the first hot drink is on us.

- 11 September
- 9 October
- 13 November
- 11 December



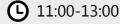
The Hub Soft Play Centre, Hopcott Road, Minehead **TA24 6DJ** 

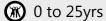






Yes





**£**) FREE

7 01458 259384 or 07543 680365

admin@somersetparentcarerforum.org.uk

www.somersetparentcarerforum.org.uk



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- 19 September
- 21 November
- 16 January



Somerset Parent carer forum office, Unit 2, 32 Goldcroft, Yeovil BA21 4DH

- Yes
- ( Yes
- Yes
- 10:00-12:00
- (R) 0 to 25yrs
- **£** FREE
- 7 01458 259384 or 07543 680365
- admin@somersetparentcarerforum.org.uk
- www.somersetparentcarerforum.org.uk





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- 27 September
- 18 October
- 29 November



The Highwayman Inn, Cannard's Grave Rd, Shepton Mallet, BA4 4LY

- Yes
- ( Yes
- Yes
- **(L)** 10:00-12:00
- (R) 0 to 25yrs
- **£** FREE
- 7 01458 259384 or 07543 680365
- admin@somersetparentcarerforum.org.uk
- www.somersetparentcarerforum.org.uk





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- 14 September
- 12 October
- 9 November
- 14 December



The Albemarle Centre, Albemarle Road, Taunton TA1 1BA

- Yes
- ( Yes
- Yes
- **(** 10:00-12:00
- 0 to 25yrs
- **£** FREE
- 7 01458 259384 or 07543 680365
- admin@somersetparentcarerforum.org.uk
- www.somersetparentcarerforum.org.uk





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- 7 September
- 5 October
- 2 November
- 7 December



Fosso Lounge, 41 High Street, Wells, BA5 2AE

- Yes
- ( Yes
- Yes
- **(**19:30-21:30
- 0 to 25yrs
- **E** FREE
- 7 01458 259384 or 07543 680365
- admin@somersetparentcarerforum.org.uk
- www.somersetparentcarerforum.org.uk





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- 15 September
- 20 October
- 17 November
- 15 December



Brewers Fayre, Morland Road, Glastonbury, BA6 9FW

- Yes
- (E) Yes
- Yes
- **(** 10:00-12:00
- 0 to 25yrs
- **£** FREE
- 7 01458 259384 or 07543 680365
- admin@somersetparentcarerforum.org.uk
- www.somersetparentcarerforum.org.uk

