

Useful contacts

Police Emergency 999

Police Non-emergency 101

NHS 111

www.nhs.co.uk

Advice line for patients to get the right advice or treatment they need, be that for their physical or mental health. 24 hours a day, 7 days a week.

Safeguarding and Welfare:

Somerset Direct 03001232224

www.somerset.gov.uk Textphone:07781482858

Children and young people's service– Advice and services for Education and Children's Social Care.

Emergency Duty Team (EDT) 0300 123 23 27

The Local Authority out of hours service (available from 17.30 -08.30) deals with emergency or urgently distressing situations. The team covers the Local Authority's statutory responsibilities under mental health, child care and welfare legislation. It is provided on an out of hours basis, including weekends and bank holidays.

NSPCC 08088005000

www.nspcc.org.uk

The Samaritans 116123

www.samaritans.org

Shout Text Shout to 85258

www.giveusashout.org

UK based, free 24/7 text service for anyone in crisis, anytime, anywhere.

Kooth

www.kooth.com

Young People's online support.

Specialised Support:

SDAS– Somerset Drug & Alcohol Service 01935 383360

SIDAS (Somerset Intergated Domestic Abuse Service) 08006949999

www.somersetsurvivors.org.uk

SARSAS (Somerset & Avon Rape & Sexual Abuse Service)

www.sarsas.org.uk

Somerset based, specialist support for those who have experienced sexual violence at anytime in their lives.

Josephine's Star

www.josephinesstar.org.uk

Support for young people in their families in Somerset when someone special has died.

Cruse/ Young Cruse

www.cruse.org.uk

National leading charity for bereaved people in the UK.

In the event that you may need to contact the Parent Family Support Advisor or Senior Leadership Team at school, please email the school office:

staldhelmsoffice@educ.somerset.gov.uk

with SUPPORT REQUEST as the email subject and your message will be passed on.